

Dear Parents,

WELCOME BACK!!! We are excited to have your children with us for the 2022-2023 school term! Although we are again facing challenges navigating COVID-19, I want to assure you that we are doing everything possible to ensure that our children, staff, and families are safe. For example:

- 1. Masks are required for all staff, visitors, and children over the age of 2. Please practice masking with your children so that they get into the routine of wearing masks when entering and exiting the building. In classrooms, teachers are trained to utilize social distancing as much as possible.
- AT ALL HS/EHS/CCP SITES: Visitors are temperature scanned and hands are sanitized at the door. Scanning kiosks ensure that we are alerted immediately if someone has a temperature over 100.4°F (see photo to the right).
- 3. We minimize the number of people who are allowed in our early childhood classrooms. This ensures that we can always account for who are in the classrooms at all times.
- 4. Full-room air sanitizers have been placed in each classroom. These sanitizers not only eliminate odors and reduce dust, but eliminate contaminants in the air.
- 5. All classroom materials and carpets are sanitized multiple times per day.

We are glad that you sent your children to us so that they can learn, play, and grow! ~Dr. Pamela Thomas, Early Childhood Programs Director







<image>

Welcome to our 2022-2023 School Year!

Foster Family Picnic

Who: Foster families and CPS workers of Pearl River County

When: August 20, 2022 from 12:00-2:00

Where: The Link at FBC

Picayune



Foster families, we want to celebrate and support you! Come join us for lunch, fellowship and fun! RSVP to Allison Chisum if you can make it and how many will be in attending with you (6015903390).



Wednesday, August 17th @S:00PM held via zoom. This meeting is mandatory and we will put in place our officers (Chair, Co-chair, Secretary, Treasurer, and Parliamentarian), room mothers, and committee members for the 2022-2023 school year.

Join Zoom Meeting https://us02web.zoom.us/j/85901938525?pwd=QXRHSHRzQzR uT2M5ZUg2ck1k20FmQT09

Meeting ID: 859 0193 8525 Passcode: PSD2022 ase be sure to attend or have someone sit in for you!

Please be sure to attend or have someone sit in for you! If you have any questions, feel free to reach out to your family advocate. 0

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EHS (CENTER-BASED) AUGUST 2022 MENU

AUGUST 4-5, 2022			AUGUST 8-12, 2022						AUGUST 15-19, 2022					
Meal Components	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Mor	inday	Tuesday	Wednesday	Thursday	Friday	
Breakfast-Time: 8:00 Fruit Cereal or Bread/Bread Alternate Milk	Cinnamon Chex Pear Cup 1% Milk Water	Egg Pattie/Hash Browns Applesauce Cup 1% Milk Water	Water	French Toast Strawberry Cup 1% Milk Water	Cinnamon Chex Blueberry Cup 1% Milk Water	Cheese Toast Pineapple Cup 1% Milk Water	Egg Pattie/Toast Strawberry Cup 1% Milk Water		ed Pear Cup Milk	1% Milk		Pineapple Cup 1% Milk	Cinnamon Chex Peach Cup 1% Milk Water	
Snack-Time: (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk														
Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit)	Cheeseburger w/Bun Broccoli Strawberry Cup 1% Mik Water	Baked Pork Chop Macaroni & Cheese Glazed Carrots Mandarin Orange Cup 1% Milk Water	Turnip Greens Corn Bread Peach Cup 1% Milk Water	Baked Chicken Breast Glazed Carrots Applesauce 1% Milk Water	Cheese Pizza Sliced Baked Potatoes Pear Cup 1% Milk Water	Macaroni & Cheese Lima Beans Mandarin Orange Cup 1% Milk Water	Cheeseburger w/Bun Broccoli Applesauce Cup 1% Milk Water	Green	en Peas apple Cup Milk	Cheeseburger w/Bun Lima Beans Peach Cup 1% Milk Water	Chicken Quesadillas Baked Beans Applesauce Cup 1% Milk Water	Glazed Carrot Pear Cup 1% Milk	Cheese Pizza Green Beans Strawberry Cup 1% Milk Water	
(Select 2 out of a roog groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Dick & Jane Cookies Orange Juice	Strawberry Chex 1% Milk			Animal Crackers Apple Juice	Dick & Jane Cookies Grape Juice	Strawberry Chex 1% Milk				Animal Crackers Apple Juice		Dick & Jane Cookies Apple Juice	
Snack-Time:					This Institution is an Equal Opportunity Provider.						This institution is an equal opportunity provider			

		AUGUST	22-26, 2022	2			AUGL				
Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	
Breakfast-Time: 8:00 Fruit Cereal or Bread/Bread Alternate Milk	Egg Pattie/ Toast Diced Pear Cup 1% Milk Water	Cheesy Grits/Biscuit Pineapple Cup 1% Milk Water	Waffle Mandarin Orange Cup 1% Milk Water	Buttered Grits/Toast Pineapple Cup 1% Milk Water	Cinnamon Chex Peach Cup 1% Milk Water	Buttered Grits/Biscuit Diced Pear Cup 1% Milk Water	Cheese Toast Strawberry Cup 1% Milk Water	Cheesy Grits/Toast Mandarin Orange Cup 1% Milk Water	Egg Pattie/Hash Browns Pineapple Cup 1% Milk Water	Cinnamon Chex Peach Cup 1% Milk Water	8
Snack-Time: (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk											c c c
Lunch/Supper-Time: <u>11:00</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Red Beans and Rice Turnip Greens Mandarin Orange Cup 1% Milk Water	Cheese Pizza Green Peas Peach Cup 1% Milk Water	Baked Pork Chop Baked Potato Slices Strawberry Cup 1% Milk Water		Grilled Chicken Green Beans Strawberry Cup 1% Milk Water	Grilled Cheese Sandwich Glazed Carrots Apple Sauce Cup 1% Milk Water	Cheesy Chicken/Rice California Veggies Roll Peach Cup 135 Milk Water	Chili on Bun Sliced Baked Potatoes Blueberry Cup 1% Milk Water	Macaroni and Cheese Sweet Potato Patty Apple Sauce Cup 1% Milk Water	Cheeseburger w/ Bun Green Peas Pear Cup 1% Milk Water	
Snack-Time: 1:30 (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Graham Crackers Apple Juice	Strawberry Chex 1% Milk	Animal Crackers Grape Juice	Cheez-Its Crackers Orange Juice	Dick & Jane Cookies Apple Juice	Cheez-Its Crackers Orange Juice	Graham Crackers Apple Juice	Dick & Jane Cookies Grape Juice	Strawberry Chex 1% Milk	Animal Crackers Apple Juice	4.6
Snack-Time: (Gelect 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk			This institution is an equal opportunity provider					This institution is an equal opportunity provider			5

HEAD START / PRE-K AUGUST 2022 MENU

AUG	GUST 4-5, 2022	2		AUGUST 15-19, 2022								
Meal Components	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: <u>8:00</u> Fruit Cereal or Bread/Bread Alternate Milk	Cinnamon Chex Pear Cup 156 Milk Water	Egg Pattie/Hash Browns Applesauce Cup 1% Milk Water	Cheesy Grits/Biscuit Mandarin Orange Cup 156 Milk Water		Blueberry Cup	Cheese Toast Pineapple Cup 1% Milk Water	Egg Pattie/Toast Strawberry Cup 1% Milk Water	Pancakes Diced Pear Cup 1% Milk Water	Mandarin Orange Cup 1% Milk	Cheesy Grits/Biscuit Strawberry Cup 1% Milk Water	Egg Pattie/ Toast Pineapple Cup 1% Milk Water	Cinnamon Chex Peach Cup 1% Milk Water
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Lunch/Supper-Time: <u>11:00</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Cheeseburger w/Bun Broccoli Strawberry Cup 156 Mik Water	Baked Pork Chop Macaroni & Cheese Glazed Carrots Mandarin Orange Cup 1% Milk Water	Red Beans and Rice Turnip Greens Corn Bread Peach Cup 136 Milk Water	Baked Chicken Breast Glazed Carrots Applesauce 1% Milk Water	Cheese Pizza Sliced Baked Potatoes Pear Cup 1% Milk Water	Macaroni & Cheese Lima Beans Mandarin Orange Cup 1% Milk Water	Cheeseburger w/Bun Broccoli Applesauce Cup 1% Milk Water	Macaroni & Cheese Green Peas Pineapple Cup 1% Milk Water	Cheeseburger w/Bun Lima Beans Peach Cup 1% Milk Water	Chicken Quesadillas Baked Beans Applesauce Cup 1% Milk Water	Spaghetti & Meat Sauce Texas Garlic Toast Glazed Carrot Pear Cup 1% Milk Water	Cheese Pizza Green Beans Strawberry Cup 1% Milk Water
Snack-Time: 1:30 (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk	Dick & Jane Cookies Orange Juice	Strawberry Chex 1% Milk	Graham Crackers Grape Juice	Cheez-Its Crackers Orange Juice	Animal Crackers Apple Juice	Dick & Jane Cookies Grape Juice	Strawberry Chex 1% Milk	Graham Crackers Grape Juice	Strawberry Chex 1% Milk	Animal Crackers Apple Juice	Cheez-Its Crackers Orange Juice	Dick & Jane Cookies Apple Juice
Snack-Time: (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk					This Institution is an Equal Opportunity Provider.					This institution is an equal opportunity provider		

		AUGUST	22-26, 2022	AUGUST 29- SEPT 2, 2022						
Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast-Time: <u>8:00</u> Fruit Cereal or Bread/Bread Alternate Milk	Egg Pattie/ Toast Diced Pear Cup 1% Milk Water	Cheesy Grits/Biscuit Pineapple Cup 1% Milk Water	Waffle Mandarin Orange Cup 1% Milk Water	Cheesy Grits/Toast Pineapple Cup 1% Milk Water	Cinnamon Chex Peach Cup 1% Milk Water	Cheesy Grits/Biscuit Diced Pear Cup 1% Milk Water	Cheese Toast Strawberry Cup 1% Milk Water	Cheesy Grits/Toast Mandarin Orange Cup 1% Milk Water	Egg Pattie/Hash Browns Pincapple Cup 1% Milk Water	Cinnamon Chex Peach Cup 1% Milk Water
Snack-Time: (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk								8		
Lunch/Supper-Time: <u>11:00</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/Fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk	Red Beans and Rice Turnip Greens Mandarin Orange Cup 1% Milk Water	Cheese Pizza Green Peas Peach Cup 1% Milk Water	Baked Pork Chop Baked Potato Slices Strawberry Cup 1% Milk Water	Cheeseburger w/Bun Glazed Carrots Apple Sauce Cup 1% Milk Water	Grilled Chicken Green Beans Strawberry Cup 1% Milk Water	Grilled Cheese Sandwich Glazed Carrots Apple Sauce Cup 1% Milk Water	Cheesy Chicken/Rice California Veggies Roll Peach Cup 1% Milk Water	Chili on Bun Sliced Baked Potatoes Blueberry Cup 1% Milk Water	Macaroni and Cheese Sweet Potato Patty Apple Sauce Cup 1% Milk Water	Cheeseburger w/ Bun Green Peas Pear Cup 1% Milk Water
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