

PSD Early Childhood Spotlight!

NEWSLETTER : NOVEMBER 2022



Providing Comprehensive Early Childhood Services for families and children from birth to age 6!

OCTOBER RECAP!!!!

OCTOBER IS BREAST CANCER AWARENESS MONTH! (Source: https://www.cdc.gov/cancer/breast/basic_info/screening.htm)

Breast cancer is a disease in which cells in the breast grow out of control. There are different kinds of breast cancer. The kind of breast cancer depends on which cells in the breast turn into cancer. Breast cancer can begin in different parts of the breast. A breast is made up of three main parts: lobules, ducts, and connective tissue. The lobules are the glands that produce milk. The ducts are tubes that carry milk to the nipple. The connective tissue (which consists of fibrous and fatty tissue) surrounds and holds everything together. Most breast cancers begin in the ducts or lobules. Breast cancer can spread outside the breast through blood vessels and lymph vessels. When breast cancer spreads to other parts of the body, it is said to have metastasized. Breast cancer screening means checking a woman's breasts for cancer before there are signs or symptoms of the disease. All women need to be informed by their health care provider about the best screening options for them. When you are told about the benefits and risks of screening and decide with your health care provider whether screening is right for you—and if so, when to have it—this is called informed and shared decision-making. Although breast cancer screening cannot prevent breast cancer, it can help find breast cancer early, when it is easier to treat. Talk to your doctor about which breast cancer screening tests are right for you, and when you should have them. To learn more, view our informational video within our parent video portal at www.psdecpc.com – VIDEOS FOR PARENTS

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EHS Teachers of the Month

EDUCATION – HS/PRE-K

Rosa Teachers of the Month (October)



Rm 5: Cathy Littles, CDA Maura Burkett, A.A.

Rosa Teachers of the Month (November)



Rm 7: Elisha Underwood, A.A. Aaliyah Stewart*

Nicholson Teacher of the Month (November)



Rm 1: Tiffani Brewer, CDA

1. Curriculum:

October 31 – November 4: Exercise/Body Parts; November 7 - 11: Nutrition; November 14 - 18: Harvest; November 21 – 25: Thanksgiving Break (No School); November 28 – December 2: Trees/Winter

- Letters of the Month: Zz, Qq, Vv, Yy, Mm, Ss
- Shapes of the Month: Square, Triangle, Octagon, Hexagon
- Colors of the Month: Yellow, Black, Red, Green
- Math Focus: Add up to 5 objects, Identify and compare sets of objects, Subtract 1-5 objects from a set, Recognize repeating patterns

2. October Teachers of the Month:

- Picayune Head Start: Trecie Spencer, B.S.
- Poplarville Head Start: Peggy Lee, B.S.
- South Side Lower: Shelby Sharkey, CCMA



3. This month we are focusing on the content area Language: Talking with young children encourages development in: 1) Spoken language 2) Cognitive development 3) Emotional maturity 4) Early literacy 5) Social Skills



4. One way of having meaningful conversations with your child is sitting down at talking to them at the dinner table. Here are some conversation starters that you can try at home:

- Who is your best friend and why?
- What did you learn at school today?
- If you could only eat one food for the rest of your life, what would it be?
- What are your favorite things we do together as a family?
- What do you want to be when you grow up and why?
- If you had a million dollars, what would you do with it?

~HS/Pre-K Ed Manager, Ashley Veerkamp, B.S.

Mentor Coaches: Dinah Thanars, B.S. & LaKeshia Price, M.S.

NOVEMBER 2022 HEAD START / PRE-K / EARLY HEAD START (CENTER-BASED) MENU

Mon	Tue	Wed	Thu	Fri
	1 Breakfast: French Toast Strawberry Cup 1% Milk Water Lunch: Baked Chicken Breast Glazed Carrots Peach Cup 1% Milk Water	2 Breakfast: Cinnamon Chex Mandarin Orange Cup 1% Milk Water Lunch: Cheese Pizza Sliced Baked Potatoes Pear Cup 1% Milk Water	3 Breakfast: Cheese Toast Pineapple Cup 1% Milk Water Lunch: Macaroni & Cheese Spinach Applesauce Cup 1% Milk Water	4 Breakfast: Egg Patty w/ Toast Strawberry Cup 1% Milk Water Lunch: Cheeseburger on Bun Broccoli Pear Cup 1% Milk Water
7 Breakfast: French Toast Peach Cup 1% Milk Water Lunch: Chicken Tenders Baked Beans Pineapple Cup 1% Milk Water	8 Cheese Toast Applesauce Cup 1% Milk Water Lunch: Cheeseburger w/ Bun Lima Beans Peach Cup 1% Milk Water	9 Breakfast: Cheesy Grits/Biscuit Strawberry Cup 1% Milk Water Lunch: Chicken Quesadillas Refried Beans Mandarin Orange Cup 1% Milk Water	10 Breakfast: Egg Patty w/Toast Pineapple Cup 1% Milk Water Lunch: Spaghetti & Meat Sauce Texas Garlic Toast Glazed Carrots Pear Cup 1% Milk Water	11 Breakfast: Cinnamon Chex Pear Cup 1% Milk Water Lunch: Cheeseburger Pizza Mixed Veggies Strawberry Cup 1% Milk Water
14 Breakfast: Egg Patty w/Toast Diced Pear Cup 1% Milk Water Lunch: Red Beans and Rice Corn Bread Turnip Greens Mandarin Orange Cup 1% Milk Water	15 Breakfast: Cheesy Grits/Biscuit Pineapple Cup 1% Milk Water Lunch: Cheese Pizza Green Peas Peach Cup 1% Milk Water	16 Breakfast: Waffle Mandarin Orange Cup 1% Milk Water Lunch: Baked Pork Chop Baked Potato Slices Baked Roll Strawberry Cup 1% Milk Water	17 Breakfast: Buttered Grits/Toast Pineapple Cup 1% Milk Water Lunch: Cheeseburger w/Bun Glazed Carrots Apple Sauce Cup 1% Milk Water	18 Breakfast: Cinnamon Chex Peach Cup 1% Milk Water Lunch: Grilled Chicken Green Beans Strawberry Cup 1% Milk Water
21 	22	23	24	25 
THANKSGIVING BREAK: NO SCHOOL				
28 Breakfast: Buttered Grits/Biscuit Diced Pear Cup 1% Milk Water Lunch: Grilled Cheese Sandwich Glazed Carrots Applesauce Cup 1% Milk Water	29 Breakfast: Cheese Toast Strawberry Cup 1% Milk Water Lunch: Cheesy Chicken/Rice California Veggies Peach Cup Roll 1% Milk Water	30 Breakfast: Cheesy Grits/Toast Mandarin Orange Cup 1% Milk Water Lunch: Chili on Bun Sliced Baked Potatoes Blueberry Cup 1% Milk Water		

Picayune School District Early Childhood Programs - (601) 799-4702

- Early Head Start - Rosa
- Early Head Start – Nicholson
- EHS CCP – Annie’s Kindergarten & Daycare
- EHS CCP – Pearl River Community College Child Development Lab School
- PSD Pre-K Program
- PSD Head Start – Picayune
- PSD Head Start – Poplarville