

NOVEMBER RECAP!!!!





Early Head Start / EHS-CCP/ Head Start Family Services would like to say thank you to everyone that participated in the King & Queen Contests. We are looking forward to the upcoming ceremonies and parades to show off our beautiful courts. We would also like to congratulate the winners of our 2022 EHS Canned Food Drive, Nicholson Early Head Start (Room 5) with a total of 305 cans and Rosa Early Head Start (Class Room 2) with a total of 129 cans. The winners will receive a classroom pizza party!

The month of December is here! "Tis the Season to be Jolly!!!" The following will be the upcoming events for the month.

- Picayune Christmas Parade (December 5, 2022) Toys For Tots Toy Drive (through December 13, 2022)
- Christmas Spirit Week (December 12-16, 2022) Christmas Party (December 16, 2022)
- No School for Students (December 19, 2022 January 6, 2023)

We would like to wish everyone a Merry Christmas and Happy New Year!

~ Your HS/EHS Family Services Team

December Parent Meetings!

PRCC Lab School: Fri, Dec 2, 2022 @ 10:30A Nicholson EHS: Tues, Dec 6, 2022 @ 3:30P Rosa/Annie's: Tues, Dec 6, 2022 @ 5:00P Poplarville HS: Tues, Dec 6, 2022 @ 5:30P Pic HS / Prek: Wed, Dec 7, 2022 @ 5:00P



Holiday Decorations Safety Tips

Christmas Trees:

- Make sure that the artificial tree is fire resistant
- Fresh tree—make sure to check for freshness
 - 1. A fresh tree is green
 - Fresh needles are hard to pull from branches and needles do not break between your fingers
 The neurophysical particular participant.
 - The trunk butt is sticky with resin
 When moved the needles do not easily fall off
- When moved the needles do not easily fall off
 Place tree away from fireplaces, radiators and other heat sources.
- Heated rooms dry trees out rapidly, creating fire hazards. Keep tree stand filled with water while the tree is indoors
- Place tree our of the way of traffic and do not block doorways

Show:

 Artificial snow sprays can irritate lungs if inhaled. To avoid injury, read container labels: follow directions carefully.

Lights:

- · Only use lights that have been tested for safety
- Check each set of lights, new or old, for broken or cracked sockets, frayed or bare wires, or loose connections. Discard damaged sets or
- repair them before using. • Fasten outdoor lights securely to trees, house, walls or other firm support to protect from wind damage.
- Use no more than three standard-size sets of lights per single extension Cord
- Turn off all lights on trees and other decorations when you go to bed or leave the house. Lights could short and start a fire.
- Never use electric lights on a metallic tree

E.R.S.E.A.

In order to reach those most in need of services, our programs are developing and implementing a recruitment process designed to actively inform all families with eligible children within the recruitment area of the availability of services, as well as encourage and assist them in applying for admission to the program. EHS/HS have included this school year specific efforts to actively locate and recruit children with disabilities and other vulnerable children, including homeless children and children in foster care. In November we visited the Pearl River County SNAP office to improve our interagency partnership and to better serve our community.

~Your HS/EHS ERSEA Team

EDUCATION – EHS / CCP

Learning how to share is a big challenge for all children because it often means putting aside one's own needs in order to make someone else happy. Sharing is not a skill children have when they are born they need to be taught how to share and how to see their efforts have helped someone else feel happy. In order to learn this skill, children need adults to provide them with many different opportunities where they can practice how to share with others. As children learn how to share, it gives them a very important and solid foundation friendship skills that they can continue to build on as they grow. The month of December we celebrate Christmas this is a good time to teach sharing as we exchange gifts that will make someone else feel happy. The month of December the Unit Topics include: Toys/Gingerbread Men and Christmas. Have a safe & happy Christmas!

~Your EHS Education Team

A tree can become charged with electricity from faulty lights, and any
person touching a branch could be electrocuted.

Candles:

HEALTH

- · Never use lighted Candles on a tree or near other evergreens
- Always use non-flammable holders
- Keep Candles away from other decorations and wrapping paper
- Place candles where they cannot be knocked down or blown over

Trimmings:

- Use only non-combustible or flame-resistant materials
- Avoid decorations that are sharp or breakable
- Keep trimmings with small removable parts out of the reach of children. Pieces could be swallowed or inhaled.
- Avoid trimmings that resemble candy or food. A ... ild could eat them.

Fires:

- Before lighting any fire, remove all greet ______apers, and other decorations from fireplace area. Check to see that the flue is open.
- Keep a screen before the fireplace all the time a fire is burning.
- Use care with "Fire salts" which produce colored flames when thrown on wood fires. They contain heavy metals which can cause intense gastrointestinal irritation or vomiting if eaten. KEEP away from children

General Rules for Holiday Safety:

- · Keep matches, lighters, and candles out of reach of children
- Avoid smoking near flammable decorations
- Make an emergency plan to use if a fire breaks out anywhere in the home. See that each family member knows what to do. PRACTICE the plan!
- Avoid wearing loose flowing clothes—particularly long, open sleeves near open flames—such as those of a fireplace, stove, or candlelit table.
 Never burn candles near evergreens.
- Never purn candles near everyreens
 - Plan for safety. Remember, there is no substitute for common sense. Look for and eliminate potential danger.

MENTAL HEALTH

It's "the most wonderful time of the year". But to be honest for many, it can be the MOST stressful or time of the year.

REDUCE HOLIDAY STRESS BY:

- Releasing yourself from the burden of unrealistic expectations.
- Remembering what's most important. Spend quality time with loved ones.
- Doing activities with the kids/family to create life-long memories.
- Sticking to your budget. Don't spend more than you can afford.
- Keeping it simple.
- Asking for help when needed.
- Knowing it's okay not to be okay, but don't stay that way. Seek help from people you trust or a professional.
- ~ Your HS/EHS Mental Health Team

EHS Teachers of the Month

🛧 Rosa EHS Teachers of the Month 🔸

Rm5: Patricia Parker, CDA

EDUCATION – HS/PRE-K

Nov 28 – Dec 2: Trees/Winter; Dec 5 – 9: Christmas/Winter Wonderland; (DECEMBER) Dec 12 – 16: Christmas/Gingerbread; Letters of the Month: Mm, Ss, Ff, Nn, Cc, Bb, Shapes of the Month: Hexagon, Parallelogram, Diamond Colors of the Month: Green, Red, Brown * Math Focus: Recognizing and creating repeating patterns; Recognizing one digit numerals 2. November Teachers of the Month: Rm 6: Rm 6: • Picayune HS: Wei He, A.A. Leanastine Bianca • Poplarville HS: Teresa Bowden, A.A. Clemmons, A.A. Peters, A.A. • SSL Pre-K: Shelby Thompson, M.Ed. Nicholson EHS Teacher of the Month (DECEMBER) * 3. This month we are focusing on the content area Social Emotional Development. Social development refers to a child's ability to create and sustain meaningful relationships with adults and other children. Emotional development is a child's ability to express, recognize, and manage his or her emotions, as well as respond appropriately to others' emotions. Both social and emotional development are important for young children's mental health. In fact, early childhood mental health is the same as social and emotional development!

1. Curriculum:

~ Your HS/Pre-K Education Team

DECEMBER 2022 HEAD START / PRE-K / EARLY HEAD START (CENTER-BASED) MENU

Mon	Tue	Wed	Thu	Fri
			1 Breakfast: Egg Patty w/Hash Browns Pineapple Cup 1% Milk Water Lunch: Macaroni & Cheese Sweet Potato Patty Applesauce Cup 1% Milk Water	2 Breakfast: Cinnamon Chex Peach Cup 1% Milk Water Lunch: Cheeseburger on Bun Green Peas Diced Pear Cup1% Milk Water
5 Breakfast: Cheesy Grits/Biscuit Mandarin Orange Cup 1%Milk Water	6 Breakfast: French Toast Strawberry Cup 1%Milk Water	7 Breakfast: Cinnamon Chex Mandarin Orange Cup 1% Milk	8 Breakfast: Cheese Toast Pineapple Cup 1% Milk Water	9 Breakfast: Egg Patty w/ Toast Strawberry Cup 1% Milk Water
Lunch: Red Beans and Rice Turnip Greens Corn Bread Applesauce Cup 1%Milk Water	Lunch: Baked Chicken Breast Glazed Carrots Peach Cup 1% Milk Water	Water Lunch: Cheese Pizza Sliced Baked Potatoes Pear Cup 1% Milk Water	Lunch: Macaroni & Cheese Spinach Apple Sauce 1% Milk Water	Lunch: Cheeseburger on Bun Broccoli Pear Cup 1%Milk Water
12 Breakfast: French Toast Peach Cup 1% Milk Water	13 Breakfast: Cheese Toast Applesauce Cup 1% Milk Water	14 Breakfast: Cheesy Grits/Biscuit Strawberry Cup 1%Milk Water	15 Breakfast: Egg Patty w/Toast Pineapple Cup 1%Milk Water	16 Breakfast: Cinnamon Chex Pear Cup 1%Milk Water
Lunch: Chicken Tenders Baked Beans Pineapple Cup 1%Milk Water	Lunch: Cheeseburger w/ Bun Lima Beans Peach Cup 1% Milk Water	Lunch: Chicken Quesadillas Refried Beans Mandarin Orange Cup 1% Milk Water	Lunch: Spaghetti & Meat Sauce Texas Garlic Toast Glazed Carrots Pear Cup 1% Milk Water	Lunch: Cheese Pizza Mixed Veggies Strawberry Cup 1% Milk Water
19	20	21	22	23
CHRISTMAS BREAK: NO SCHOOL				
26	27	28	29	30
CHRISTMAS BREAK: NO SCHOOL				

Picayune School District Early Childhood Programs - (601) 799-4702

• Early Head Start - Rosa • Early Head Start - Nicholson • EHS CCP - Annie's Kindergarten & Daycare

- EHS CCP Pearl River Community College Child Development Lab School PSD Pre-K Program
 - PSD Head Start Picayune PSD Head Start Poplarville