

2023

HAPPY NEW YEAR!

JANUARY 2023 NEWSLETTER

Picayune School District Early Childhood Programs

E.R.S.E.A.

Did you know? According to the Head Start Program Performance Standards, a program must ensure at least 10% of its total funded enrollment is filled by children eligible for services under the Individuals with Disabilities Act. The Office of Head Start has also expanded its interpretation of public assistance to include families receiving Supplemental Nutrition Assistance Program (SNAP). While most SNAP recipients have incomes below the federal poverty guidelines, some have incomes that fall between 100 and 130% of poverty. Our Early Head Start and Head Start programs' selection criteria make sure those most in need of services are prioritized. If you have questions or concerns contact your E.R.S.E.A Coordinator for more information.

EHS EDUCATION

Children are individuals with different rates and paths of development. Each child is uniquely influenced by their parental environment, temperament, and life experiences. With the appropriate support, all children can be successful learners and achieve the skills, behaviors, and knowledge needed to be school ready. Caring families, teachers, and other adults matter in a young child's life. Responsive and supportive interactions with adults are essential in young children's learning. Children are active, engaged, and eager learners, therefore providing them with good teaching practices will build on these intrinsic strengths by providing developmentally appropriate instruction, opportunities for exploration, and meaningful play. It is extremely important that you as a parent join us as we foster your child's development. One way of doing this is to download the new Learning Genie app and engage in the activities with your child through this app. This will be our new way to communicate with you. We are excited about this new program and strongly encourage you to help us move into the new digital age.

FAMILY & COMMUNITY ENGAGEMENT

The HS/Early Head Start Staff hope each of you had a Merry Christmas and a Happy New Year. The month of December was a busy and short month, but we had a lot of activities. The month began by honoring our Kings, Queens, and Royal Court with crowning ceremonies and participation in the CWC Annual Christmas parade. Congratulations to Rosa Street Early Head Start, they were selected "Most Original Float" in the parade. All floats were amazing and we appreciate the support of all our parents that took part in them to make this event successful. We are looking forward to a great Winter/Spring semester. The Family Advocates will be contacting all parents to complete the second family outcome along with the Family partnership agreements. Other upcoming events for the month of January include:

- NEHS PARENT MEETING: Tues, Jan 10 @ 3:30P
- EHS PARENT MEETING: Tues, Jan 10 @ 5:00P
- POP HS PARENT MEETING: Tues, Jan 10 @ 5:30P
- PIC HS / PRE-K PARENT MEETING: Wed, Jan 11 @ 5:00PM
- Martin Luther King Celebrations (January 13, 2023)
NO SCHOOL (January 16th, 2023) MLK Holiday

EHS TEACHERS OF THE MONTH



Rosa EHS
Keanna Mitchell, CDA



Rosa EHS
Liliana Caves, CDA



Nicholson EHS
Cindy Samples, A.A.

HS / PRE-K EDUCATION

1. Curriculum:

- January 6, 9 – 13: Wheels; January 16 – 27: Transportation; January 30 – 31: Dental Health
- Letters of the Month: Tt, Jj, Pp, Ll, Aa, Ii, Oo
- Shapes of the Month: Rectangle, Pentagon, Heart, Circle, Square
- Colors of the Month: Blue, Gray, Pink, Yellow, Orange
- Math Focus: Making 6 – 10, Find missing parts of 6 – 10, Sharing items equally, Naming plane shapes

2. This month we are focusing on fine motor skills.

Fine motor skills are the ability to make movements using the small muscles in our hands and wrists. Here are some ways to practice fine motor skills at home:

- Playdough
- Puzzles
- Drawing, coloring, painting, and using pencils
- Playing with kitchen tongs



Picayune Head Start
Kristy Powell, B.S.



Poplarville Head Start
Kathy Smith, A.A.



Picayune Pre-K
Sadeidra Lindsey, M.S.

HS/PRE-K TEACHERS OF THE MONTH

HEALTH

January is National Birth Defects Prevention Month. Join the nationwide effort to raise awareness of birth defects, their causes, and their impact! Not all birth defects can be prevented. But you can increase your chances of having a healthy baby by managing health conditions and by adopting healthy behaviors before and during pregnancy. Taking care of yourself and doing what's best for you is also best for your baby!

5 Tips for Preventing Birth Defects

1. Be sure to take 400 micrograms (mcg) of folic acid every day. Folic acid is important because it can help prevent some major birth defects of the baby's brain and spine. You can find folic acid in some breads, breakfast cereals, and corn masa flour. Be sure to check the nutrient facts label, and look for one that has "100%" next to folic acid.
2. Book a visit with your healthcare provider before stopping or starting any medicine.
3. Become up-to-date with all vaccines, including the flu shot.
4. Before you get pregnant, try to reach a healthy weight.
5. Boost your health by avoiding substances that are harmful during pregnancy: alcohol, tobacco and other drugs.

DECEMBER 2022 RECAPS





JANUARY 2023 (HEAD START / EARLY HEAD START MENU)

Mon	Tue	Wed	Thu	Fri
2	3	4	5	6
		STAFF PROFESSIONAL DEVELOPMENT DAYS (NO SCHOOL FOR STUDENTS)		6 Breakfast: Cinnamon Chex, Pear Cup, 1% Milk, Water Lunch: Cheese Pizza Green Peas Peach Cup 1% Milk Water
9 Breakfast: Cheesy Grits/Biscuit Mandarin Orange Cup 1% Milk Water Lunch: Cheeseburger on Bun Broccoli Strawberry Cup 1% Milk Water	10 Breakfast: Pear Cup 1% Milk Water Lunch: BBQ Chicken w/ Bun Glazed Carrots Pineapple Cup 1% Milk Water	11 Breakfast: Cinnamon Chex Mandarin Orange Cup 1% Milk Water Lunch: Macaroni & Cheese, Green Beans w/Ham, Pineapple Cup, 1% Milk, Water	12 Breakfast: Cheese Toast Peach Cup 1% Milk Water Lunch: Macaroni & Cheese Spinach Applesauce Cup 1% Milk Water	13 Breakfast: Egg Patty w/ Toast Pear Cup 1% Milk Water Lunch: Cheese Pizza Sliced Baked Potatoes Mandarin Orange Cup 1% Milk Water
16 DR. KING HOLIDAY (NO SCHOOL)	17 Breakfast: Cheese Toast Strawberry Cup 1% Milk Water Lunch: Mandarin Chicken, Fried Rice, Creamed Corn, Peach Cup, 1% Milk, Water	18 Breakfast: French Toast Pineapple Cup 1% Milk Water Lunch: Baked Chicken Tenders California Veggies Applesauce Cup 1% Milk Water	19 Breakfast: French Toast Pineapple Cup 1% Milk Water Lunch: Baked Chicken Tenders California Veggies Applesauce Cup 1% Milk Water	20 Breakfast: Cinnamon Chex Pear Cup 1% Milk Water Lunch: Macaroni & Cheese Glazed Carrots Mandarin Orange Cup 1% Milk Water
23 Breakfast: Cinnamon Chex Peach Cup 1% Milk Water Lunch: Red Beans and Rice Turnip Greens Corn Bread Applesauce Cup 1% Milk Water	24 Breakfast: French Toast Pineapple Cup 1% Milk Water Lunch: Macaroni & Cheese Spinach Pear Cup 1% Milk Water	25 Breakfast: Cheesy Grits/Biscuit Peach Cup 1% Milk Water Lunch: Baked Chicken Breast Collard Greens Fresh Baked Roll Applesauce Cup 1% Milk Water	26 Breakfast: Egg Patty w/ Toast Mandarin Orange Cup 1% Milk Water Lunch: Cheeseburger/Bun California Veggies Pear Cup 1% Milk Water	27 Breakfast: Pancakes, Applesauce Cup, 1% Milk, Water Lunch: Sun Butter and Jelly Sandwich, String Cheese Stick, Lima Beans, Mandarin Orange Cup, 1% Milk, Water
30 Breakfast: Cheesy Grits/Biscuit Mandarin Orange Cup 1% Milk Water Lunch: Broccoli Strawberry Cup 1% Milk Water	31 Breakfast: Pancake Blueberry Cup 1% Milk Water Lunch: BBQ Boneless Chicken Glazed Carrots Peach Cup 1% Milk Water			

Picayune School District Early Childhood Programs - (601) 799-4702

- Early Head Start - Rosa
- Early Head Start – Nicholson
- EHS CCP – Annie’s Kindergarten & Daycare
- EHS CCP – Pearl River Community College Child Development Lab School
- PSD Pre-K Program
- PSD Head Start – Picayune
- PSD Head Start – Poplarville